

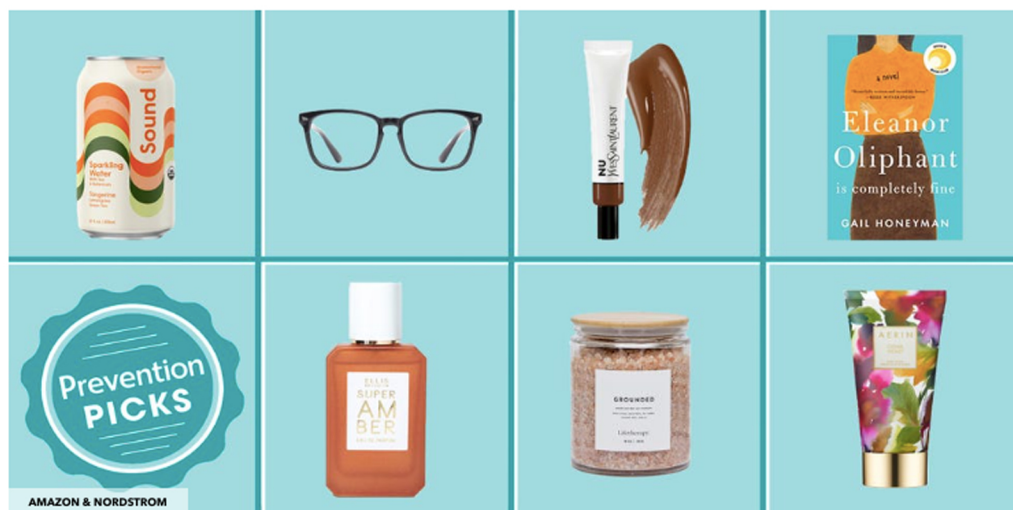


Prevention Picks: All The Beauty, Snacks, and Wellness Products Our Editors Love for September

From comfy merino wool socks to deodorant that smells like oranges, there's something here for everyone.



By [Shauna Beni](#) Sep 23, 2021



At *Prevention*, we take pride in picking the best products for our readers. Our mission has always been to highlight top-rated, expert-backed selections that truly solve a problem for you, make your day easier, or bring joy to your life.

That's why we curate [Prevention Picks](#) each month, where our editors hand-select products that have genuinely made a difference in their lives. From brand-new launches to tried-and-true favorites, we shout out [beauty products](#) worth your money, [fitness gear](#) that will elevate your workouts, convenient gadgets for your home, [tasty snacks](#) that stand out from the rest, and so much more.

This month you'll find a few essentials that will make your life a bit happier and healthier. Our list includes a top-rated pain relief cream that doesn't smell weird or sting (a feat in and of itself!), a [natural deodorant](#) that will actually keep you smelling great for hours (another wow-worthy find), and vet-designed meals for your furry friends (because they're a part of the family, too). We also came across the best merino wool socks that will keep your feet and toes warm as the weather begins to cool down, a gentle skin exfoliator that guarantees smooth skin, and a pair of stylish [blue light blocking glasses](#) that just might give your eyes some relief after a long day (or year!) of staring at a screen. Take a look at our top finds for September—you won't be disappointed.



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Pain Relief Cream

STIFF Mother Trucker

\$15 AT WALMART

I'm obviously not a trucker (I can't even drive!) but like the folks on *Shipping Wars* (the A&E reality show about long-haulers) I, too, sit a lot. I also do things with my body in the course of my workouts that leave me feeling stiff and achy. I've tried a zillion topicals, but this one not only helps, it also doesn't leave you smelling like you just clawed your way out of a vat of menthol. I also like that it **doesn't sting or tingle in that slightly uncomfortable way that some other pain relief creams do.**

The formula does contain menthol, but it also has a nice mix of lavender and aloe. It feels more like a soothing moisturizer than an activating cream designed to distract you from your pain. Totally worth a try.

— *Stephanie Dolgoff, Deputy Director, Health Newsroom*